

**IV INTERNATIONAL AND NATIONAL RHYTHMIC GYMNASTICS  
TOURNAMENT**

**Città di Verbania”**

**IV “Coppa Altair”**

**XV Trofeo Veronica Argento**

**II Coppa Altair for man**

**13-15 June 2025.**

**Organized by Rhythmic Gymnastics Club Altair  
and ASD RITMICA VCO**

**which will take place between 13-15 June 2025 in Verbania, Italy.**

**Delegation:**

- **Unlimited number of individual land group participants in all age groups**
- **Coach**
- **Judge**

**DISCIPLINES AND ELIGIBILITY:**

**Individual:**

- **Children mini(2018 or younger) – A, B,C**
- **Children mini – born in 2017 – A, B ,C**
- **Pre-junior( 2016) – A,B,C**
  - Pre-junior (2015 ) – A,B, C
- **Pre-junior ( 2014) – A,B,C**
- **Pre-junior ( 2013)– Elite, A,B,C**
- **Pre-junior ( 2012) – Elite, A,B,C**
- **junior (2011-) – Elite, A,B,C**
- **Junior (2010) – Elite, A,B,C**
- **Junior (2009)– Elite, A,B,C**
- **Senior (2008 and older)-Elite, A,B,C**

**MAN CATEGORY: A**

- **MIXED TEAMS:** 4 exercises for team and free hands

## Examples:

Free hands, hoop, ball, clubs and ribbon: 5 exercises

Free hands, hoop, hoop, ball, ribbon: 5 exercises

Free hands, rope, ball, ball, clubs: 5 exercises

→ A: FIG RULES 2025-2028-Born 2010 and older

→ B: FIG RULES 2025-2028-Born 2011 -2014

→ C: FIG RULES 2025-2028 -Born 2018-2015. Music  
60/90 seconds by choice.

**GROUPS- FRIDAY 13 JUNE**

**GROUPS YOUNGS- born 2016 to 2012**

**GROUPS JUNIOR- born 2014 to 2009**

**GROUPS OPEN- born 2011 and older**

## FINNANCIAL CONDITIONS:

- 50 euro per individual participant.
- 100 euro for team(5 exercises)
- 100 euro for group(1 or 2 exercises)

\* All travel, food and housing expenses are bourne by participating clubs

## Ranking:

- First to third place – medals, gifts and diploma;
- Fourth to eight place – diploma and gifts;
- Everyone else – diploma and gifts;
- Special prices and commendations.

## REGISTRATION:

- Application including named participant – until 13 April 2025
- Please provide all routine music by the 1 june to KSIS
- Participation fees are due by 13May 2025 via Bank transfer to:

CLUB RITMICA ALTAIR SRL SD

BANCA POPOLARE DI SONDRIO

IBAN: IT20W0569622400000002884X04

## **NOTES:**

- 1. Please, observe the deadlines for better organization;**
- 2. Each club is to provide their judge, a 50 euro fee will apply to clubs without judges.**

**The organizing club can provide you with hotel, food and transfer offers organized transport. Please contact-us to segreteriaritmicavcoaltair@gmail.com**

### **2. Food**

\*If you wish to provide food for lunch, please specify in your request the quantities and for which days. Price of one piece (lunch) – 15 euros.

\*Food will be provided for judges on the days of the competition.

**3. Transfer – organized transport- Please , contact us to segreteriaritmicavcoaltair@gmail.com**

\*Airport, bus station, railway station to Hotel -

\*Hall/Hotel next to Airport, Bus Station, Railway Station –

AIRPORTS: MILAN MALPENSA (45 minutes from VB), MILAN LINATE,(90 minutes from Verbania)BERGAMO ORIO AL SERIO(two hours from Verbania)

### **Contacts:**

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## **CATEGORIES AND TECHNICAL REQUIREMENTS:**

# CATEGORIES AND TECHNICAL REQUIREMENTS

MIXED TEAMS 13 JUNE 2025

	<b>Born to</b>	<b>Category</b>	<b>PROGRAM</b>	<b>EXERCISES</b>	<b>TIMMING</b>
	<b>Nacidas en</b>	Categoría	Programa	Ejercicios	Duración
<b>1</b>	<b>2018 to 2015 and older</b>	<b>C</b>	FIG RULES JR	<b>FH+ 4 ex</b>	60" / 90"
<b>2</b>	<b>2014-2011</b>	<b>B</b>	FIG RULES	<b>FH+4 ex</b>	90"
<b>3</b>	<b>2010 and older</b>	<b>A</b>	FIG RULES	<b>FH+4EX</b>	90"

## INDIVIDUAL Saturday and Sunday 14 and 15 June

**ELITE:** It's only for participants to National Championship from our countries.

	<b>Age</b>	<b>"Elite" category</b>	<b>"A" category</b>	<b>"B" category</b>	<b>"C" category</b>
<b>1.</b>	2018 and younger	<b>NO</b>	1 routine by choice	1 routine by choice	1 routine by choice timing max 60 sec
<b>2.</b>	2017	<b>NO</b>	2 routines by choice	1 routine by choice	1 routine by choice timing max 60 sec
<b>3</b>	2016	<b>NO</b>	2 routines by choice	1 routine by choice	1 routine by choice timing max 60 sec
<b>4.</b>	2015	<b>NO</b>	2	2	2

			routines by choice	routines by choice	routines by choice timing max 60 sec
5.	2014	<b>NO</b>	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec
6.	2013	3 routines by choice	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec
7.	2012	3 routines by choice	2 routines by choice	2 routines by choice	2 routine by choice timing max 60 sec
8.	2011	3 routines by choice	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec
9	2010	3 routines by choice	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec
10	2009	3 routines by choice	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec

<b>11</b>	2008 and olders	3 routines by choice	2 routines by choice	2 routines by choice	2 routines by choice timing max 60 sec
<b>12</b>	A MAN CATEGORIE	3 routines by choice			

## GROUPS FRIDAY 13 june

**YOUNGS/JUNIORS - 1 or 2 exercises by choice COP  
JR 2025-2028**

**OPEN: 1 or 2 exercises by choice COP 2025-2028**

**Mixed apparatus and same apparatus**

**Exemple: 1st exercise Hoop and ball - 2nd exercise 5 ropes.**

**Separated ranking**

CLUB RITMICA ALTAIR